

Pass the Beat - sitting in a circle, each one claps one beat – try to be consistent!

Fruit Salad (Divide your group into sections, each one takes a different verse. The verses are chanted, not sung. Bring the verses in one by one and then using your hand to indicate whether the Fruit Salad should be loud or soft!)

Apples, peaches, pears and plums!
Apples, peaches, pears and plums!

Banana-na-na-na-na-na!
Banana-na-na-na-na-na!

Grapes, grapes, doo-ah doo-ah!
Grapes, grapes, doo-ah doo-ah!

Papaya, papaya, p-p-papaya!
Papaya, papaya, p-p-papaya!

Watermelon, watermelon, (spit out seed, spit out seed)
Watermelon, watermelon, (spit out seed, spit out seed)

Raspberry, raspberry, (raspberry, raspberry, raspberry)
Raspberry, raspberry, (raspberry, raspberry, raspberry)

Alive Alert Awake (to the tune of "If You're Happy and You Know It")

I'm alive, alert, awake, enthusiastic
I'm alive, alert, awake, enthusiastic
I'm alive, alert, awake,
I'm awake, alert, alive,
I'm alive, alert, awake, enthusiastic!

Actions:

Alive: hands on your head

Alert: hands on shoulders

Awake: cross arms over chest

Enthu-: hands on thighs

-si-: clap

-astic: snap with both hands

Repeat the song a number of times, getting faster as you go!

[Second verse to the song:

I am dead to the world and very sleepy ...

I am dead to the world and the world is dead to me

I am dead to the world and very sleepy]

Elephant Song (actions in brackets)

What is that noise (cup hand to ear)
Up in the attic (point over your head)
It is an elephant (make a trunk with your arm)
Cycling round and round. (cycling motion with legs)
It is an elephant (make a trunk with your arm)
All chic and elegant (fashion model pose)
With one tail here (make trunk with your arm)
And one behind. (point to where your tail would be if you had one!)

Repeat the song a number of times, each time, you stop singing one line of the song, but continue to do the action for that line.
By the end of the song all you're doing is actions, no singing.

The Grand Old Duke of York

The grand old duke of York
He had ten thousand men
He marched them up to the top of the hill
And he marched them down again
And when they were up they were up
And when they were down they were down
And when they were only half-way up
They were neither up nor down!

Actions: Every time you sing the word "up", stand up. When you sing the word "down", sit down. On "half-way up", stand up with knees bent. Repeat the song a number of times, getting faster. To totally confuse everyone, reverse the actions (e.g. sit down on "up", stand up on "down"!)

Hello My Name is Joe (chanted, not sung)

Hello, my name is Joe
I have a wife and a dog and a family
I work (all day) in the button factory
One day, my boss came up to me and said,
"Hey Joe, are you busy?"
I said, "No, heck no!"
"Then do this..."

Actions: At the end of the first verse, pretend you're punching a button with your right hand's index finger. Then repeat the chant, adding your left index finger. Then one foot, then both feet, then your head are added. Final action is to collapse as if exhausted.

Herman the Worm

(actions in brackets)

Sittin' on my fencepost, chewing my bubblegum
(chew, chew, chew, chew)
Playin' with my yo-yo, wee-oo! wee-oo!
When along came Herman the worm
And he was this big (make a motion as if measuring a tiny worm)
And I said: "Herman? What happened?"
"I ate my Mother."

(repeat verse, with worm action getting larger and larger for each of the following lines:)

"I ate my Father."
"I ate my Brother."
"I ate my Sister."
"I ate my Dog."

(repeat verse one last time, with a tiny worm action for:)

"I burped."

The Long Legged Sailor

Have you ever ever ever in your long legged life
Seen a long legged sailor with a long legged wife?
No I've never ever ever in my long legged life
Seen a long legged sailor with a long legged wife!

Have you ever ever ever in your short legged life... *(replace long legged with short legged)*
Have you ever ever ever in your one legged life...
Have you ever ever ever in your bow legged life...
Have you ever ever ever in your knock kneed life...
Have you ever ever ever in your pigeon toed life...

Last verse:

Have you ever ever ever in your long legged life
Seen a short legged sailor with a one legged wife?
No I've never ever ever in my bow legged life
Seen a knock kneed sailor with a pigeon toed wife!

Actions:

Long Legged: Both arms raised high above head one at a time

Short legged: Both arms bent up making a fist beside your face

One legged: One arms raised high above head

Bow legged: both arms raised high above head but making a big circle

Knock kneed: Knock your elbows together

Pigeon toed: Turn your hands out so that the back of your wrists are touching (Knock them together)

No Bananas in the Sky *(to the tune of "There is a Tavern in the Town")*

There are no bananas in the sky, in the sky
There are no bananas in the sky
There's a sun
And a moon
And a coconut cream pie
But there are no bananas in the sky, in the sky!

(Repeat taking out bananas, sky, sun, moon, coconut cream pie)

Actions:

No: hand motion both hands together then apart (like "cut" for a movie, sort of)

Bananas: peel a banana

In the sky: point upward on sky (each time)

Sun: gesture a round object in the sky

Moon: another round object on the other side

Coconut cream pie: gesture a fluffy object (like clouds)

Then each time you sing the song, you leave off some words and just do the actions, until you're left with:

There are (action) (action) in the (action) in the (action) (repeat)

Just a (action) and a (action) and a (action)

But there's (action) (action) in the (action) in the (action).

Oh Chester (to the tune of "Yankee Doodle")

Oh, Chester, have you heard about Harry
Just got back from the army,
I hear he knows how to wear his clothes
Hip! Hip! Hooray for the army!

I Left My...

Left, left, left right left
I left my wife in Argentina
With 52 kids and a laughing hyena
I thought I was right, right,
Right in my country and whoop-de-doo!
Left, left! I left my wife...

Your left foot comes down on each "left" in the march. At the "whoop-de-do!" you do this little jig so that your left foot will come down on the "left" in the next line.

Group 1

Left, left
Left, right, left
I left my **room** in a **mess**

I left my **socks** in the **sink**

I left my **boots** on my **bed**

Group 2

You're **right**

You're **right**

You're **right**

You're **right**

You're **right, left, right**

Sing out!

One, two

(all together) **One, two, three, four, one, two.**

I had a good home and I left
I had a good home and I left
I left on my own and it served me right,
Left, right left right.

Another

I left, left,
I left my wife in New Orleans
With thirty-five kids and a bucket of beans
I thought it was right, right,
Right for my country whoop-ee-doo!
Left, left,
I left...

Crocodile Song

She ... sailed away (*Draw lady shape for 'she'. Then hand shows waves motion*)
On a fine and sunny day (*hands make circle for sun in the sky*)
On the back of a crocodile. (*pat your own back, then use arms for crocodile jaws*)
You see said she, (*point for 'you', then to your eyes for 'see', draw shapely woman for 'she'*)
He's as tame as tame can be, (*stroke back of hand and arm*)
I'll ride him down the Nile. (*riding action like horse*)

The crock winked his eye (*croc jaws with arms, then point to eye and wink*)
As the lady waved goodbye, (*wave goodbye*)
Wearing a great big smile. (*draw oversized smile on your face*)
But at the end of the ride (*pat bottom for 'end', riding motion for 'ride'*)
The lady was inside (*lady shape then pat tummy*)
And the smile was on the crocodile! (*draw smile, then arms for crocodile jaws*)

On Top of Spaghetti

(to the tune of "On Top of Old Smokey")

On top of spaghetti all covered with cheese
I lost my poor meatball when somebody sneezed

It rolled off the table and onto the floor
And then my poor meatball rolled out of the door

It rolled into the garden and under a bush
And then my poor meatball was nothing but mush

The mush was as tasty as tasty could be
Then early next summer it grew into a tree

The tree was all covered with beautiful moss
It grew lovely meatballs with tomato sauce

If you have spaghetti all covered with cheese
Hang onto your meatball and don't ever sneeze!

There Was An Old Lady Who Swallowed a Fly

There was an old lady who swallowed a fly.
I don't know why she swallowed a fly.
I guess she'll die.

There was an old lady who swallowed a spider.
That wiggled and jiggled and tickled insides her.
She swallowed the spider to catch the fly.
I don't know why she swallowed a fly.
I guess she'll die.

There was an old lady who swallowed a bird.
How absurd! To swallow a bird!
She swallowed the bird to catch the spider
That wiggled and jiggled and tickled insides her.
She swallowed the spider to catch the fly.
I don't know why she swallowed a fly.
I guess she'll die.

Continue adding on verses:

Cat . . . Imagine that! She swallowed a cat.

Dog . . . What a hog! She swallowed a dog.

Goat . . . She opened her throat and in walked a goat.

Cow . . . I don't know how she swallowed that cow.

There was an old lady, she swallowed a horse. She DIED of course!

There's a Hole in My Bucket

Henry: There's a hole in my bucket dear Liza, dear Liza
There's a hole in my bucket dear Liza, a hole.

Liza: Well, fix it dear Henry, dear Henry, dear Henry,
Well, fix it dear Henry, dear Henry, fix it.

Henry: With what shall I fix it ...

Liza: With a straw dear Henry ...

Henry: The straw is too long ...

Liza: Well, cut it dear Henry ...

Henry: With what shall I cut it ...

Liza: With an axe dear Henry ...

Henry: The axe is too dull dear Liza ...

Liza: Well, sharpen it dear Henry ...

Henry: With what shall I sharpen it ...

Liza: With a stone dear Henry ...

Henry: The stone is too dry dear Liza ...

Liza: Well, wet it dear Henry ...

Henry: With what shall I wet it ...

Liza: With water dear Henry ...

Henry: In what shall I fetch it ...

Liza: In a bucket dear Henry ...

Henry: There's a hole in my bucket, dear Liza ...

There's a spider on the floor (*tune: if you're happy and you know it*)

There's a spider on the floor, on the floor.

There's a spider on the floor, on the floor.

Who could ask for anything more than a spider on the floor.

There's a spider on the floor, on the floor.

Now the spider's on my leg, on my leg. ...

Oh, I wish I had some Raid for this spider on my leg! ...

Now the spider's on my chest, on my chest! ...

Oh, I'd squish him in my vest, if it didn't make a mess! ...

Now the spider's on my neck, on my neck! ...

Oh, I'm gonna be a wreck, I've got a spider on my neck! ...

Now the spider's on my face, on my face! ...

Oh, what a big disgrace, I've got a spider on my face! ...

Now the spider's on my head, on my head! ...

Oh, I wish that he were dead. I've got a spider on my head! ...

SPOKEN: "But he jumped off.... "

She'll be coming round the mountain

She'll be comin' 'round the mountain when she comes. (Whoop, whoop!)

She'll be comin' 'round the mountain when she comes. (Whoop, whoop!)

She'll be comin' 'round the mountain, comin' 'round the mountain

She'll be comin' 'round the mountain when she comes.

She'll be driving six white horses, when she comes (Whoa, back!) . . .

She'll be driving six white horses, when she comes (Whoa, back!)

She'll be driving six white horses, driving six white horses,

She'll be driving six white horses, when she comes (Whoa, back! Whoop, Whoop!)

Oh, we'll all go out to meet her when she comes (Hi babe!) . . .

She'll be wearing silk pajamas when she comes [Wolf whistle] . . .

And, we'll wear our bright red woolies when she comes (Scratch, scratch!) . . .

Oh, we'll kill the old red rooster, when she comes (Hack, hack!) . . .

Oh, we'll all have chicken and dumplings when she comes (Yum, yum! / Yuck, yuck!) . . .

Oh, we'll all have indigestion when she comes (Burp, burp!) . . .

Oh, she'll have to sleep with Grandma when she comes (Snore, snore!) . . .

Oh, she'll have to sleep with Grandma when she comes (Snore, snore!) . . .

Oh, she'll have to sleep with Grandma, she'll have to sleep with Grandma,

She'll have to sleep with Grandma when she comes (snore snore, burp burp, yum yum, hack hack, scratch scratch, [wolf whistle], Hi babe!, Whoa! Back!, Whoop Whoop!)